

Family Relationships

Please Note: Other outcomes and indicators related to this domain may be found in other domains. If you cannot find what you are looking for on this page, please review the outcomes in other domains or search in the Logic Model Builder.

Attachment and Bonding

Programs from the [FRIENDS' Program Directory*](#) with components that promote outcomes or indicators in this sub-domain are: Carolina Abecedarian Project, Early Head Start, Healthy Families America, Healthy Families New York, Incredible Years, Infant Health and Development, Nurse Family Partnership, Project SafeCare,

Short-term

Outcomes

Participants understand the nature of parent/child attachments.

Indicators

- Participants know the characteristics of a healthy parent-child attachment.
- Participants know how a healthy parent-child attachment can be developed and maintained.
- Participants know the benefits to child and parent of a healthy attachment.
- Participants know the conditions that jeopardize the formation and/or maintenance of healthy attachments.
- Participants know the risks associated with lack of or unhealthy parent/child attachments.

Outcomes

Participants understand their infants' needs.

Indicators

- Participants know their infant's needs.
- Participants know the verbal and nonverbal cues infants use to express their needs.
- Participants know appropriate parental responses to infant cues.
- Participants understand the relationship between meeting their infants' needs and attachment.

Intermediate/Long-term

Outcomes

Participants demonstrate empathy and responsiveness to infants' physical and emotional needs.

Indicators

- Participants demonstrate that they can accurately read infant cues.
- Participants respond immediately when infants express distress.
- Participants soothe infants when infants are distressed.
- Participants verbally or non-verbally respond to their infants' vocalizations.
- Participant feeds the infant when the infant expresses hunger, and ceases feeding when the infant demonstrates satiation.
- Participants provide custodial care (diapering, feeding, bathing, and clothing) while positively interacting with infants.
- Participants provide infants with age-appropriate toys, play materials, and activities.

* Listing a program does not imply endorsement by FRIENDS or the Children's Bureau. Programs listed are from the [FRIENDS' Program Directory](#) and were selected based on their relevancy to child abuse & neglect prevention & their presence on four EBP national registries. Certainly, there are many programs missing from the Directory, not because they are unworthy, but because they were either not brought to FRIENDS' attention or because information on them was not readily available at the time this document was completed.



Attachment and Bonding (continued)

Short-term

Outcomes

Participants know the importance of maintaining family and cultural traditions and routines.

Indicators

- Participants know the traditions that are significant to their family and culture that they wish to preserve in their own families.
- Participants know the importance of following family routines (predictable mealtimes, wake-up and bedtime routines, family meetings, etc.).
- Participants know the importance of establishing and maintaining traditions and social activities that are important to their family and culture .
- Participants know the importance of teaching their children family history.

Intermediate/Long-term

Outcomes

Participants maintain and teach their children important family and cultural traditions and routines.

Indicators

- Participants follow family system routines (predictable mealtimes, wake-up and bedtime routines, family meetings, and time together).
- Participants establish and maintain traditions and social activities that are significant to their family and culture (such as birthdays, religious holidays, weddings, and celebrations of accomplishments and significant cultural events).
- Participants tell their children their family history, including stories about their ancestors and their lands of origin.

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Fatherhood

None of the programs in the FRIENDS Programs from the [FRIENDS' Program Directory](#) are designed exclusively for Fathers.

Short-term

Outcomes

Fathers know how to participate positively in the lives of their children.

Indicators

- Fathers know how to assist children in feeding, bathing, diapering and other custodial duties according to the children's needs and development.
- Fathers know the importance of being involved in their children's education
- Fathers know the importance of being involved in their children's sports and play.
- Fathers know age appropriate play and recreational activities they can do with their children.

Outcome

Fathers know how to work cooperatively with their children's mother to promote a healthy environment for their children.

Indicators

- Fathers know the importance of establishing paternity.
- Fathers know the importance of contributing to the economic support of their families.
- Noncustodial fathers know effective and positive communication skills for interacting with their children's mother and negotiating visitation and child support payments.

Intermediate/Long-term

Outcomes

Fathers participate actively and positively in their children's lives.

Indicators

- Fathers assist children in feeding, clothing, bathing, and other custodial duties according to the children's needs and development.
- Fathers are involved in their children's education.
- Fathers routinely participate in age appropriate play and other recreational activities with their children.
- Non-custodial fathers keep all visitation appointments with their children.

Outcomes

Fathers know how to work cooperatively with their children's mother to promote a healthy environment for their children.

Indicators

- Fathers work cooperatively with their children's mother to establish house rules and expectations for their children.
- Fathers contribute to the economic support of their families.
- Noncustodial fathers develop parenting-plans and child support payment plans in cooperation with the children's mother and the courts, if applicable.
- Non-custodial fathers practice effective, positive communication skills with their children's mother.
- Fathers establish paternity when paternity is in doubt.

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Healthy Marriage

Programs from the [FRIENDS' Program Directory*](#) with components that promote outcomes or indicators in this sub-domain are: Creating Lasting Family Connections

Short-term

Outcomes

Couples understand the basis of a healthy marriage or relationship and how it relates to parenting.

Indicators

- Couples know elements that make-up a healthy marriage / relationship.
- Individuals in the relationship know the need for each to have their own separate interests and activities.
- Couples know the behaviors and conditions that undermine healthy marriages/relationships.
- Couples can describe the advantages a healthy two-parent family has for children.
- Couples can describe disadvantages an unhealthy two-parent family can have.

Outcomes

Couples know skills and behaviors that support a healthy marriage / relationship or other co-parenting relationship.

Indicators

- Couples know what a commitment to their children entails.
- Couples agree on limits and rules for their children
- Couples know what a commitment to their relationship entails.
- Couples know one another's need for intimacy and emotional support.
- Couples plan to spend time together engaged in activities they both enjoy (they have fun together).
- Couples experiencing conflicts involving violence/threats of violence seek assistance.
- Couples know how to settle conflicts respectfully, fairly and to the satisfaction of both parties.
- Couples know how to communicate effectively and respectfully with one another.

Intermediate/Long-term

Outcomes

Couples assess the health of their own marriage / relationship and develop strategies for strengthening them.

Indicators

- Couples inventory their marriage / relationship and list its strengths and challenges.
- Couples develop a plan for strengthening their marriage / relationship.

Outcomes

Couples practice skills and behaviors that support a healthy marriage / relationship.

Indicators

- Couples demonstrate a commitment to their children.
- Couples support each other's efforts enforcing household rules.
- Couples report a commitment to their relationship.
- Couples give one another the intimacy and emotional support needed by each partner.
- Couples spend time together engaged in activities they both enjoy (they have fun together).
- Individuals in the relationship have their own separate interests and activities.
- Couples live in violence-free households.
- Couples resolve conflicts respectfully, fairly and to the satisfaction of both parties.
- Couples communicate effectively and respectfully with one another.

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