



Parent-Teen Activity Series

Tip of the Month

Book clubs help to expand the kinds of experiences parent and teen can share with each other (when together, as well as when apart). Try starting a parent-teen book club with some friends. Together, select the books to be read and set the rules for how the group discussions will be run. The book club can tie in special activities that connect with the books being read, such as meals, trips, special events, movies, and dining adventures. Remember, the main idea is to have fun, using the books you read to share new ideas and experiences.



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